

## RESULTS :

800 m

T HOL OP  
WAMBEEK  
4/06/2022

rank	bib	gender	name [catg / year]			time	time / km	km/h
1	311	M 1	Stevens Xiam [nvt/2010]	Roosdaal	Acp	02:41	03:21	17.90
2	306	M 2	Roels Mauro [nvt/2011]	Asse	Roelsclan	02:50	03:32	16.90
3	327	M 3	Neukermans Neels [nvt/2010]			02:51	03:33	16.80
4	307	M 4	Vandergucht Raf [nvt/2011]	Ternat	Geen	02:53	03:36	16.60
5	322	W 1	Stanaert Aileen [nvt/2010]			02:56	03:40	16.40
6	323	W 2	Standaert Leila [nvt/2010]			03:04	03:50	15.70
7	325	M 5	Muylaert-dekeyser Jarne [nvt/2010]			03:08	03:55	15.30
8	310	M 6	Lennert Van De Gucht [nvt/2011]	Ternat	Kwb	03:11	03:58	15.10
9	324	M 7	Spaepens Thor [nvt]			03:14	04:02	14.80
10	315	M 8	Van Laere Lars [nvt/2011]		Kfc	03:17	04:06	14.60
11	334		Naam Niet Gekend [nvt]			03:18	04:07	14.50
12	316	M 9	Bayens Ruben [nvt/2011]		Kfc	03:21	04:11	14.30
13	308	M 10	Gijsens Rens [nvt/2011]	Ternat		03:28	04:20	13.80
14	328	M 11	Dehens Vic [nvt/2012]			03:29	04:21	13.80
15	314	M 12	Van Malderen Milo [nvt/2012]			03:30	04:22	13.70
16	332	W 3	Van Rossem Ella [nvt/2011]			03:45	04:41	12.80
17	319	W 4	Van Den Bossche Cloe [nvt/2010]			03:48	04:45	12.60
18	312	M 13	De Meersman Uur [nvt/2012]			03:51	04:48	12.50
19	326	W 5	Neukermans Norch [nvt/2010]			03:53	04:51	12.40
20	331	W 6	Gies Reni [nvt/2012]			04:02	05:02	11.90
21	333		Naam Niet Gekend [nvt]			04:05	05:06	11.80
22	337		Naam Niet Gekend [nvt]			04:05	05:06	11.80
23	309	M 14	De Backer Thor [nvt/2011]	Ternat	Kwb	04:07	05:08	11.70
24	320	M 15	Sergooris Warre [nvt/2011]			04:10	05:12	11.50
25	305	M 16	Spinnael Mathis [nvt/2012]	Roosdaal	Boka	05:07	06:23	9.40

## RESULTS :

T HOL OP  
WAMBEEK  
4/06/2022

## 6 km

rank	bib	gender	name [catg / year]			time	time / km	km/h
1	577	M 1	Van Der Hoeven Bert [sen/1989]		Sna	20:30	03:25	17.60
2	689	M 2	Roelandt Dieter [sen/1991]		Trawobo	20:40	03:26	17.40
3	498	M 3	Van Herzele Koen [sen/1991]	Haaltert	Atletiekclub	20:49	03:28	17.30
4	919	M 4	Schokaert Sem [sen/2002]			21:34	03:35	16.70
5	573	M 5	Van Der Hoeven Marc [m 60/1960]		Sna	22:27	03:44	16.00
6	678	M 6	De Werdt Jente [sen/1998]		Strongbox	22:45	03:47	15.80
7	901	M 7	Van Vooren Maxim [m 40/1978]			23:04	03:50	15.60
8	429	M 8	Vandendriessche Bert [m 40/1981]	Sint-truiden	Kwb	23:27	03:54	15.40
9	682	M 9	Dedobbeleer Stijn [m 35/1984]		Strong Box	23:31	03:55	15.30
10	559	M 10	Stevens Xiam [nvt/2010]		Acp	23:34	03:55	15.30
11	651	M 11	Van Broeck Gino [m 40/1982]		Team	23:40	03:56	15.20
12	605	M 12	De Troch Simen [sen/1992]			23:45	03:57	15.20
13	652	M 13	De Mey Kenneth [sen/1989]		Acp Gooik	23:53	03:58	15.10
14	623	M 14	Sigin Franky [m 50/1969]		Team	24:09	04:01	14.90
15	630	W 1	Deville Annelies [sen/1996]		Acp	24:33	04:05	14.70
16	609	M 15	De Coster Tibo [cad/2007]		Jc Oetingen	24:34	04:05	14.70
17	921	M 16	Haegeman Davy [sen/1996]			24:44	04:07	14.60
18	555	M 17	Tordeur Steven [sen/1990]	Beersel	Geen	25:09	04:11	14.30
19	680	M 18	De Vlaminck Lennon [nvt/2009]			25:11	04:11	14.30
20	661	M 19	Van Den Hoof Domien [sen/1989]		Den Bos	25:12	04:12	14.30
21	499	M 20	Swalens Kurt [m 50/1970]		Beerselse	25:14	04:12	14.30
22	671	M 21	Jans Piet [sen/1992]		Kwb	25:22	04:13	14.20
23	688	M 22	Arijs Dries [sen/1995]			25:42	04:17	14.00
24	482	M 23	Van De Gucht Isaak [jun/2004]	Ternat	Geen	25:53	04:18	13.90
25	932	W 2	Vermeylen Charlotte [sen/1996]		Dcla	25:56	04:19	13.90
26	529	M 24	El Hachimi Nordin [nvt/2009]			26:01	04:20	13.80
27	615	M 25	Jans Ward [sch/2006]		Kwb	26:03	04:20	13.80
28	915	W 3	Cools Mien [sen/1988]			26:05	04:20	13.80
29	584	M 26	Barbe Jan [m 50/1971]		Leeuwerik	26:13	04:22	13.70
30	683	W 4	Segers Maya [sen/1996]		Acp	26:24	04:24	13.60
31	692	M 27	Basteleus Gunter [m 45/1973]		Oeh	26:30	04:25	13.60
32	654	M 28	Van Campenhout Paul [m 60/1958]			26:35	04:25	13.50
33	539	M 29	Blommaerts Remco [sch/2006]	Dilbeek	Kwb	26:55	04:29	13.40
34	684	M 30	Bosmans Arne [jun/2003]		Acp	27:03	04:30	13.30
35	923	W 5	Grymonprez Lisa [sen/1994]			27:05	04:30	13.30
36	629	M 31	Van Rossem Lars [cad/2008]			27:24	04:34	13.10
37	567	M 32	Vermeersch Jelle [m 35/1986]			27:33	04:35	13.10
38	570	M 33	Walckiers Bart [sen/2000]		Oeh	27:36	04:36	13.00
39	486	M 34	Nicolaes Jason [sen/2001]	Aalst		27:38	04:36	13.00

40	690	M 35	Lemaire Pieter [sen/1992]			27:43	04:37	13.00
41	468	M 36	Moonens Eddy [m 50/1970]	Dilbeek	Kwb	27:45	04:37	13.00
42	618	M 37	Broothaerts Joss [m 65/1955]			27:48	04:38	12.90
43	594	M 38	De Wolf Joeri [sen/1989]			27:57	04:39	12.90
44	673	M 39	Torres Miralles [m 45/1975]			28:04	04:40	12.80
45	666	M 40	Enklaar Patrick [sen/1996]			28:10	04:41	12.80
46	674	M 41	Torres Agust [nvt/2012]			28:13	04:42	12.80
47	628	W 6	Van Rossem Ine [sen/1994]			28:14	04:42	12.80
48	667	W 7	Huybrechts Cynthia [w 45/1977]			28:17	04:42	12.70
49	475	M 42	Dedobbeleer Gilles [nvt/2011]	Pepingen	Acp	28:18	04:43	12.70
50	527	W 8	El Hachimi Nora [nvt/2013]			28:21	04:43	12.70
51	902	W 9	Van Rom Sofie [w 40/1982]			28:23	04:43	12.70
52	675	M 43	Torres Felix [m 40/1980]		Brasserrunn	28:26	04:44	12.70
53	914	M 44	Dekens Kristof [m 40/1979]		Move On	28:31	04:45	12.60
54	905	M 45	Vaeyens Laurens [sen/1992]			28:33	04:45	12.60
55	908	W 10	De Saeger An [w 45/1976]			28:37	04:46	12.60
56	627	M 46	Van Malderen Gil [sen/1995]			28:40	04:46	12.60
57	911	M 47	Meyvis Peter [m 45/1977]			29:03	04:50	12.40
58	650	W 11	Verschelden Wendy [w 40/1979]		Team	29:05	04:50	12.40
59	416	M 48	De Man Baldwin [sen/1995]	Ternat	Geen	29:06	04:51	12.40
60	510	M 49	Stroobants Maarten [m 45/1976]	Halle		29:12	04:52	12.30
61	617	M 50	Jans Jurgen [m 45/1975]		Kwb	29:28	04:54	12.20
62	928		Naam Niet Gekend [nvt/]			29:35	04:55	12.20
63	620	M 51	Schelkens Chris [m 60/1961]		Team	29:37	04:56	12.20
64	484	M 52	Coppitters Jannik [sen/2000]	Ternat		29:44	04:57	12.10
65	607	W 12	De Coster Nina [sen/2003]		Jc Oetingen	29:45	04:57	12.10
66	447	M 53	Merckx Danny [m 45/1972]	Opwijk	Ac Opwijk	29:48	04:58	12.10
67	494	M 54	Jaspers Kim [m 45/1975]	Bever	Fear	29:59	04:59	12.00
68	909	M 55	Schockaert Mario [m 45/1973]			30:12	05:02	11.90
69	694	M 56	Geeraerts Geert [m 45/1976]			30:13	05:02	11.90
70	601	M 57	Dekens Stijn [m 35/1984]			30:20	05:03	11.90
71	564	M 58	Rene Arijs [m 70/1951]		Roadjoggers	30:24	05:04	11.80
72	445	M 59	Mariotti Claudio [m 35/1984]		Geen	30:25	05:04	11.80
73	454	M 60	De Meyer David [sen/1991]	Asse		30:35	05:05	11.80
74	647	M 61	Borginon Bernard [m 45/1972]		Leeuwerik	30:48	05:08	11.70
75	597	M 62	De Backer Kwinten [nvt/2010]		Kwb	30:51	05:08	11.70
76	646	M 63	Meysman Bjarne [cad/2007]			31:02	05:10	11.60
77	563	W 13	Maxime Dendauw [jun/2004]			31:07	05:11	11.60
78	578	W 14	Verschueren Sophie [w 35/1983]		Acp	31:13	05:12	11.50
79	481	M 64	De Klerck Hubert [m 65/1952]		Kwb	31:18	05:13	11.50
80	583	W 15	Matthijs Lincy [sen/1995]		Kwb	31:22	05:13	11.50
81	592	M 65	Dierickx Peter [m 40/1978]			31:42	05:17	11.40
82	535	M 66	Matthijs Patrick [m 55/1965]	Ternat	Kwb	31:57	05:19	11.30

83	500	M 67	De Coster Lex [nvt/2009]		Ternat	Geen	32:02	05:20	11.20
84	660	M 68	Van Laere Robbe [sch/2006]				32:05	05:20	11.20
85	438	W 16	Abbiati Caroline [w 45/1975]		Halle		32:21	05:23	11.10
86	579	M 69	Ambrosius Van Rossem [m 65/1956]				32:22	05:23	11.10
87	506	W 17	Wellemans Liesbeth [w 45/1972]			Acp	32:29	05:24	11.10
88	420	M 70	Beerens Bart [m 50/1970]		Roosdaal	Kwb	32:31	05:25	11.10
89	668	M 71	Doms Paul [m 55/1964]				32:34	05:25	11.10
90	488	W 18	Claes Jill [sen/1989]		Ternat	Geen	32:38	05:26	11.00
91	679	M 72	Ringoet Francis [m 70/1950]			Oeh	32:40	05:26	11.00
92	687	M 73	Janssens Robin [sen/2003]				32:59	05:29	10.90
93	581	M 74	Massage Glen [sen/1993]			Kwb	33:03	05:30	10.90
94	495	M 75	Borremans Koen [m 35/1985]		Ternat	Sparta Den	33:06	05:31	10.90
95	644	M 76	Mollaert Dirk [m 45/1976]			Leeuwerik	33:18	05:33	10.80
96	663	M 77	Roels G [m 55/1965]				33:20	05:33	10.80
97	599	M 78	D Backer Jurgen [m 45/1976]			Kwb	33:22	05:33	10.80
98	912	W 19	De Kegel Griet [w 55/1964]			Acp	33:25	05:34	10.80
99	940	W 20	Maekebergh Pascale [w 55/1966]				33:27	05:34	10.80
100	413	M 79	Slagmulder Anthony [sen/1991]		Dilbeek	Geen	33:27	05:34	10.80
101	534	M 80	Massagé Patrick [m 55/1964]		Ternat	Kwb	33:38	05:36	10.70
102	502	W 21	Jans Lien [w 35/1986]			Ternat	33:42	05:37	10.70
103	659	M 81	Dannau Kevin [sen/1989]				33:54	05:39	10.60
104	699	M 82	Lippens Francis [m 50/1969]				34:11	05:41	10.50
105	695	W 22	Dekens Rowan [w 35/1984]				34:14	05:42	10.50
106	410	W 23	Blommaerts Annie [w 55/1964]			Kwb	34:14	05:42	10.50
107	664	M 83	De Smedt Diek [m 60/1960]				34:23	05:43	10.50
108	624	W 24	Hofmans Marita [w 65/1954]			Team	34:40	05:46	10.40
109	662	M 84	Eylenbosch Jean [m 70/1949]			B V L	34:44	05:47	10.40
110	531	M 85	Louaret Otman [m 35/1984]		Ternat	Geen	34:52	05:48	10.30
111	507	W 25	Broekaert Lina [w 40/1981]			Geen	34:54	05:49	10.30
112	477	M 86	Heremans Gunther [m 45/1974]				35:09	05:51	10.20
113	524	M 87	Dierickx Nico [m 45/1976]		Ternat	Kingfizzers	35:13	05:52	10.20
114	937	W 26	De Gieter Sylvia [w 40/1978]				35:31	05:55	10.10
115	472	W 27	Deman Femke [w 40/1979]			Dac	35:45	05:57	10.10
116	525	M 88	De Freyne Niel [sen/2002]		Dilbeek		35:50	05:58	10.00
117	520	M 89	Van Der Borgh Marc [m 65/1955]		Affligem	Ars Affligem	35:52	05:58	10.00
118	542	W 28	Clement Sandra [w 45/1972]		Halle	Oeh	35:54	05:59	10.00
119	403	W 29	Janssens Anja [w 45/1975]		Dilbeek	Kwb	35:58	05:59	10.00
120	665	W 30	Janssens Eva [sen/1996]				35:59	05:59	10.00
121	493	W 31	Leuckx Kato [sen/2003]		Pepingen	Acp	36:08	06:01	10.00
122	551	M 90	Van Laethem Siem [cad/2009]			Kfc	36:08	06:01	10.00
123	409	W 32	De Smedt Anne-marie [w 65/1956]		Halle	Oeh	36:15	06:02	9.90
124	613	M 91	Eylenbosch Gaston [m 70/1950]			Beerselse	36:27	06:04	9.90
125	619	M 92	Ceuppens Patrick [m 65/1956]			Beerselse	36:29	06:04	9.90

126	544	W 33	Jans Sara [w 40/1982]	Ternat	Kwb	36:35	06:05	9.80
127	922	W 34	Grymonprez Jolien [sen/1992]			36:44	06:07	9.80
128	552	W 35	Malderie Sofie [sen/1987]			36:47	06:07	9.80
129	509	M 93	Couplez Lode [m 60/1961]		Brasserrunn	36:52	06:08	9.80
130	669	W 36	Sterckx Christel [w 55/1965]		Leeuwerik	37:02	06:10	9.70
131	920	M 94	Grandjean Marc [m 45/1972]			37:21	06:13	9.60
132	546	W 37	Nevens Sara [sen/1987]		Geen	37:22	06:13	9.60
133	913	M 95	De Meuter Wart [cad/2008]			37:31	06:15	9.60
134	489	M 96	Pessemier Johan [m 45/1973]	Sint-truiden	Ars Affligem	37:48	06:18	9.50
135	404	W 38	Jacobs Ann [w 40/1977]	Pepingen	Acp	37:54	06:19	9.50
136	470	M 97	Ronsijn Emiel [m 65/1953]	Gooik	Acp	38:02	06:20	9.50
137	582	M 98	Bayens Lander [nvt/2009]		Kfc	38:22	06:23	9.40
138	916	M 99	Lievens Dirk [m 60/1960]			38:27	06:24	9.40
139	910	M 100	Giezen Roger [sen/2000]			38:30	06:25	9.40
140	471	W 39	De Gieter Evelien [sen/1990]		Geen	38:41	06:26	9.30
141	543	W 40	De Smedt Sara [w 40/1980]		Kwb	38:42	06:27	9.30
142	461	M 101	Janssens Dirk [m 55/1963]	Dilbeek	Erevoorzitter	39:18	06:33	9.20
143	681	W 41	Dekegel Nadine [w 65/1957]		Oeh	39:21	06:33	9.10
144	927	M 102	Novotny Didier [sen/1990]			39:24	06:34	9.10
145	657	M 103	Saccasyn Eric [m 60/1959]		Rakkerrun	39:28	06:34	9.10
146	648	W 42	Vervaet Kelly [w 35/1986]		Roadjoggers	39:47	06:37	9.00
147	603	M 104	Heyvaert Luc [m 65/1955]		Leeuwerik	39:50	06:38	9.00
148	491	M 105	Badisco Jonathan [m 35/1983]			40:06	06:41	9.00
149	633	W 43	Fastenaekels Lut [w 60/1960]		Oeh	40:10	06:41	9.00
150	400	W 44	Ledwon Alexandra [w 45/1973]	Sint-genesius-	Oeh	40:11	06:41	9.00
151	406	W 45	Leunens Ann [w 40/1978]	Halle	Oeh	40:13	06:42	9.00
152	537	M 106	Vosté Philippe [m 35/1986]	Ternat	Geen	40:26	06:44	8.90
153	935	W 46	De Wael Frauke [sen/1995]			40:29	06:44	8.90
154	934	M 107	Timmermans Niels [sen/1995]			40:30	06:45	8.90
155	653	W 47	Pas Christel [w 55/1963]		Lond	41:02	06:50	8.80
156	443	M 108	De Witte Christian [m 65/1953]	Geraardsbergen	Geen	41:12	06:52	8.70
157	439	W 48	Foucart Charlotte [sen/1998]	Ninove	Geen	41:34	06:55	8.70
158	536	W 49	Steens Phébe [cad/2008]	Sint-pieters-	Leeuwerik	41:38	06:56	8.60
159	557	M 109	De Nève Viktor [cad/2009]	Sint-pieters-	Leeuweriken	41:40	06:56	8.60
160	636	M 110	Rogghe Luc [m 70/1951]		Leeuwerik	41:42	06:57	8.60
161	930	W 50	De Wolf Silke [sen/1998]			42:24	07:04	8.50
162	942	M 111	Schaller Mike [sen/1993]			42:28	07:04	8.50
163	490	W 51	Vanmorselbeen Johanna [w 35/1982]		Dac	42:43	07:07	8.40
164	532	W 52	Govaerts Patricia [w 45/1974]	Ternat	Kwb	42:46	07:07	8.40
165	639	W 53	Mordijck Lieve [w 60/1958]		Leeuwerik	42:50	07:08	8.40
166	602	W 54	Bardijn Annemie [w 60/1958]		Leeuwerik	42:52	07:08	8.40
167	637	W 55	Van Diest Marleen [w 65/1957]		Leeuwerik	42:54	07:09	8.40
168	925		Naam Niet Gekend [nvt/]			42:56	07:09	8.40

169	638	W 56	Carlier Angele [w 70/1951]		Oeh	42:59	07:09	8.40
170	483	M 112	De Meuter Jan [m 45/1975]	Affligem	Geen	43:07	07:11	8.30
171	568	W 57	Walravens Lydia [w 65/1952]		Leeuwerik	43:20	07:13	8.30
172	939	W 58	Smets Sonja [w 60/1957]		Leeuwerik	43:25	07:14	8.30
173	938	M 113	Massaer Jozef [m 65/1953]		Leeuwerik	43:26	07:14	8.30
174	698	M 114	De Bast Stijn [nvt/]			44:02	07:20	8.20
175	407	W 59	Ghyoot Anneleen [w 35/1986]	Ternat	Strong Box	44:06	07:21	8.20
176	547	W 60	Platteau Scarlet [sen/1989]	Ternat	Kwb	44:09	07:21	8.20
177	634	M 115	Vander Motten Edwin [m 70/1948]		Leeuwerik	44:41	07:26	8.10
178	556	M 116	Van Lathem Vic [m 75/1938]		Geen	44:50	07:28	8.00
179	554	W 61	Cardoen Sonia [w 40/1978]	Ternat	Kwb	45:51	07:38	7.90
180	517	M 117	Nerinckx Marc [m 60/1958]	Sint-genesisus-	Oeh	46:21	07:43	7.80
181	918	W 62	Huybens Marleen [w 55/1964]		Ars	46:33	07:45	7.70
182	521	W 63	Louaret Mariame [sen/1987]	Lessines	Keke	46:49	07:48	7.70
183	941	M 118	Louaret Soelma [sen/1992]			50:25	08:24	7.10
184	401	W 64	Van Der Voort Anaëlle [sen/1992]	Haaltert	Geen	51:29	08:34	7.00
185	434	W 65	Bockstal Brenda [sen/1991]	Haaltert	Geen	51:32	08:35	7.00
186	565	M 119	Loonen Willem [m 75/1947]			53:42	08:57	6.70
187	621	W 66	Deweerd Hildegard [w 55/1962]			56:32	09:25	6.40
188	649	W 67	Slabbynck Rita [w 60/1958]		Roadjoggers	57:15	09:32	6.30
189	433	W 68	Cordeyn Betty [w 55/1966]	Sint-pieters-	Leeuwerik	68:40	11:26	5.20

## RESULTS :

T HOL OP  
WAMBEEK  
4/06/2022

## 12 km

rank	bib	gender	name [catg / year]			time	time / km	km/h
1	795	M 1	Jans Joren [sen/1992]			41:47	03:28	17.20
2	891	M 2	Sergooris Jonas [nvt/]			42:26	03:32	17.00
3	811	M 3	De Medts Toon [m 35/1985]		Acp	43:20	03:36	16.60
4	753	M 4	Meysmans Jan [m 40/1981]	Asse	3md	43:21	03:36	16.60
5	847	M 5	Camermans Luk [jun/2004]			44:40	03:43	16.10
6	775	M 6	Van Der Hauwaert Nico [m 40/1978]	Zottegem	Geen	45:02	03:45	16.00
7	784	M 7	Janssens Sven [m 40/1978]		Luujpers	46:05	03:50	15.60
8	796	M 8	Vandenborre Jeroen [sen/1991]			47:01	03:55	15.30
9	831	M 9	Spinnael Steve [m 40/1977]		Lond	47:03	03:55	15.30
10	861	M 10	Berghmans Maarten [sen/1992]		Leeuwerik	47:20	03:56	15.20
11	830	M 11	Van Der Putten Herve [m 35/1982]		Lond	47:26	03:57	15.20
12	772	M 12	De Coster Matthias [sen/1992]	Ternat	Kwb	47:56	03:59	15.00
13	893	M 13	Maton Cedric [m 35/1986]			48:25	04:02	14.90
14	797	M 14	Vierendeels Eddy [m 65/1952]		Acp Gooik	48:30	04:02	14.80
15	838	M 15	Schoorens Jody [m 40/1977]		Dac	48:44	04:03	14.80
16	763	W 1	Geeroms Kristel [w 35/1983]		Acp	50:14	04:11	14.30
17	706	M 16	Matthijs Arne [sen/1996]		Vs	50:32	04:12	14.20
18	853	M 17	Coetsiers Karel [m 45/1977]			51:00	04:15	14.10
19	821	W 2	Van Den Bossche Cindy [w 40/1977]		Acp	51:14	04:16	14.10
20	708	M 18	Leuckx Bart [m 45/1972]	Pepingen	Acp	51:16	04:16	14.00
21	825	M 19	De Coster Rudy [m 45/1973]		Acp	51:17	04:16	14.00
22	704	W 3	Matthijs Annelies [sen/1999]	Sint-lievens-	Vs	51:48	04:19	13.90
23	743	M 20	Matthijs Guy [m 50/1968]	Sint-lievens-	Vs	51:48	04:19	13.90
24	836	M 21	Hunninck Ken [m 35/1986]		Maspoe	52:33	04:22	13.70
25	888	M 22	De Both Tom [sen/1992]		Wambeek	52:41	04:23	13.70
26	733	M 23	Schoukens Frederik [m 35/1984]	Dilbeek	Dac	53:01	04:25	13.60
27	852	M 24	Sterckx Thomas [m 35/1984]		Strong Box	53:45	04:28	13.40
28	820	M 25	Neukermans David [m 40/1980]		Brasserrunn	54:00	04:30	13.30
29	721	M 26	Bogaert Corneel [sen/1994]	Ternat	Geen	54:12	04:31	13.30
30	845	M 27	Meysman Nico [m 40/1977]			54:14	04:31	13.30
31	889	M 28	De Pauw Tom [m 35/1986]			54:19	04:31	13.30
32	810	M 29	Vanhuylenbroeck Willy [m 65/1956]		Acp	54:26	04:32	13.20
33	832	W 4	Janssens Sandy [sen/1994]			54:37	04:33	13.20
34	791	M 30	Van Relegem Tony [m 55/1966]			54:38	04:33	13.20
35	837	M 31	Desmet Rupert [m 40/1979]		Acp	55:42	04:38	12.90
36	709	M 32	Roeges Ben [m 35/1983]	Ternat	Geen	56:45	04:43	12.70
37	885	M 33	Ooghe Filip [m 55/1966]		Funrunners	56:57	04:44	12.60
38	745	M 34	Vanbellingen Hans [m 45/1972]	Edingen	Oeh	57:07	04:45	12.60
39	773	W 5	Sevenans Mieke [w 45/1976]		Geen	57:19	04:46	12.60

40	762	M 35	Van Damme Kim [m 35/1986]	Ternat	Kwb	57:22	04:46	12.60
41	755	M 36	Moonens Joris [m 35/1982]	Ternat	Geen	57:24	04:47	12.50
42	768	M 37	Leo Marc [m 55/1964]	Dilbeek	Leeuwerik	57:31	04:47	12.50
43	856	M 38	Sergooris Kris [m 40/1980]			57:38	04:48	12.50
44	895	M 39	Vandevelde Jorik [jun/2005]		Leeuwerik	57:44	04:48	12.50
45	798	M 40	Van Mulders Stein [m 40/1981]		Maspoe	57:45	04:48	12.50
46	794	M 41	Huyrens Dirk [m 45/1976]		Jco	57:48	04:49	12.50
47	842	M 42	Agneessens Marc [m 45/1976]		Oeh	58:28	04:52	12.30
48	843	M 43	Kerckhoven Danny [m 50/1971]		Acp	58:33	04:52	12.30
49	750	W 6	Cornelis Ilke [w 35/1984]	Ternat		58:35	04:52	12.30
50	757	W 7	Schoofs Karlien [sen/1989]	Roosdaal	Geen	58:39	04:53	12.30
51	829	M 44	Verdoodt Erik [sen/1989]			58:45	04:53	12.30
52	884	M 45	Chauvin Jean Pierre [m 55/1966]		Oeh	59:05	04:55	12.20
53	897	M 46	Feyen Tom [m 50/1971]		Leeuwerik	59:24	04:57	12.10
54	1001	M 47	De Schrijver Reindert [m 45/1976]			59:35	04:57	12.10
55	787	M 48	De Vriendt Willy [m 70/1950]	Lennik	Jc Oetingen	59:45	04:58	12.10
56	751	M 49	Pereboom Iwein [m 35/1982]	Sint-truiden	Maspoe	59:58	04:59	12.00
57	756	M 50	Herremans Jürgen [sen/1989]		Geen Club	60:04	05:00	12.00
58	898	M 51	Spaen Houen [m 45/1973]		Speedy	60:05	05:00	12.00
59	867	M 52	Timrmans Johan [m 50/1971]			60:21	05:01	11.90
60	896	M 53	Vandevelde Nik [sch/2007]		Leeuwerik	60:28	05:02	11.90
61	864	M 54	Wauters Jolan [sen/1994]		Sporting	60:43	05:03	11.90
62	850	M 55	Verhoye Filip [m 40/1980]		Acp	60:51	05:04	11.80
63	855	M 56	Maelfait Stefhane [m 50/1968]			62:04	05:10	11.60
64	807	M 57	Wauters Gerdy [m 50/1969]		Brasserrunn	62:14	05:11	11.60
65	726	W 8	Decock Debby [sen/1995]		Geen	62:21	05:11	11.50
66	723	M 58	Borremans Danny [m 45/1974]	Sint-truiden	Nvt	62:29	05:12	11.50
67	776	W 9	Sanders Pascale [w 45/1973]	Asse	Kwb	62:32	05:12	11.50
68	766	M 59	Lemaire Lucas [sen/1996]	Roosdaal		62:47	05:13	11.50
69	860	M 60	Feys Lucas [sen/1998]			62:49	05:14	11.50
70	899	M 61	Cheindt Pascal [m 50/1969]		H30	62:59	05:14	11.40
71	774	M 62	Bogemans Nico [m 50/1970]		A-c Opwijk	63:07	05:15	11.40
72	1003	M 63	De Wolf Bart [m 35/1986]		B V L	63:08	05:15	11.40
73	770	M 64	Timmermans Mario [nvt/2020]	Ternat	Geen	63:31	05:17	11.30
74	711	W 10	Agneessens Benedicte [w 35/1985]	Ternat	Kwb	63:33	05:17	11.30
75	707	M 65	Evenepoel Bart [m 45/1974]			63:53	05:19	11.30
76	865	M 66	Walravens Mario [m 45/1975]		Tessendrlo	64:00	05:20	11.30
77	700	M 67	Geeroms Albert [m 60/1959]		Brasserrunn	65:58	05:29	10.90
78	793	M 68	Swalens Bruno [m 60/1960]		Oeh	66:01	05:30	10.90
79	826	W 11	Noel Silke [sen/1994]		Oeh	66:23	05:31	10.80
80	869	M 69	Stoelzaet Tim [m 40/1981]		Strongbox	66:24	05:32	10.80
81	764	M 70	Coppens Laurent [m 35/1984]		Geen	67:15	05:36	10.70
82	758	M 71	Christiaens Kenny [sen/1988]	Ninove	Geen	67:37	05:38	10.60



83	1005	M 72	Niemegeers B [m 40/1979]			68:42	05:43	10.50
84	724	M 73	Van Lierde David [m 35/1984]	Ternat	Geen	68:52	05:44	10.50
85	765	M 74	Cornillie Lieven [m 55/1963]		Geen	68:54	05:44	10.40
86	703	M 75	Clottemans André [m 60/1958]	Ternat	Kwb	69:05	05:45	10.40
87	887	M 76	De Wever Jean [nvt/3]		Yellow	69:20	05:46	10.40
88	799	M 77	Langouche Louis [m 35/1986]			69:28	05:47	10.40
89	701	W 12	Van Hemelrijk An [w 50/1972]	Affligem	Ars	69:34	05:47	10.30
90	767	W 13	Vandermeulen Machteld [w 55/1963]	Sint-pieters-	Brasserrunn	69:54	05:49	10.30
91	735	M 78	Van Vaerenbergh Frederik [m 35/1985]	Gooik	Van	70:09	05:50	10.30
92	752	M 79	Margot Jan [m 65/1955]	Dilbeek	Geen	70:30	05:52	10.20
93	818	M 80	Hollnder Ronald [m 40/1979]			70:44	05:53	10.20
94	729	M 81	Van Verdegem Erwin [m 35/1984]		Brasserrunn	70:59	05:54	10.10
95	744	W 14	Denayer Gwendolyn [sen/1991]	Dilbeek	Geen	71:39	05:58	10.00
96	786	M 82	Somers Tommy [m 40/1979]	Pepingen		72:03	06:00	10.00
97	722	W 15	Billens Daisy [w 40/1982]	Pepingen	Kwb	72:10	06:00	10.00
98	788	M 83	Mostinckx Wim [m 50/1969]		Kwb	72:56	06:04	9.90
99	877	W 16	Leemans Sofie [w 40/1977]		Oeh	73:00	06:05	9.90
100	882	W 17	Nerinckx Heika [sen/1995]		Oeh	73:00	06:05	9.90
101	874	M 84	Ringoet Nico [m 40/1978]		Oeh	73:00	06:05	9.90
102	878	W 18	De Keyser Lies [w 40/1981]		Oeh	73:01	06:05	9.90
103	876	W 19	Noel Ulrike [sen/1995]		Oeh	73:03	06:05	9.90
104	844	M 85	Bardijn Danny [m 60/1959]		Leeuwerik	73:13	06:06	9.80
105	718	M 86	De Coster Chris [m 45/1974]		Leeuwerik	74:25	06:12	9.70
106	833	W 20	Van Laethem Sandy [sen/1987]			74:25	06:12	9.70
107	834	W 21	Vermeiren Tineke [w 35/1983]			74:28	06:12	9.70
108	857	W 22	Vanhooren Maaïke [sen/1999]			74:34	06:12	9.70
109	1000	M 87	De Smedt Geert [m 50/1971]		Brasserrunn	74:40	06:13	9.60
110	783	W 23	Verhevick Sofie [w 35/1987]	Roosdaal	Geen	75:11	06:15	9.60
111	816	M 88	Eevens Steven [m 40/1982]			76:53	06:24	9.40
112	716	W 24	Eeckhout Carmen [w 45/1977]		Geen	77:18	06:26	9.30
113	866	W 25	Vierendeel Rita [w 60/1960]			77:40	06:28	9.30
114	841	W 26	Foster Hilda-ann [w 70/1948]		Oeh	77:48	06:29	9.30
115	785	M 89	Blaton Thierry [m 40/1982]	Dilbeek	Brasserrunn	81:38	06:48	8.80
116	719	M 90	Dumont Christopher [sen/1993]	Liedekerke	Geen	82:24	06:52	8.70
117	727	M 91	Sergooris Eli [m 35/1982]	Ternat	Kwb	83:10	06:55	8.70
118	815	W 27	Hellings Dorien [sen/1987]		Testo Nv	85:34	07:07	8.40
119	813	W 28	Aerts Evi [w 35/1985]		Testo Nv	85:36	07:08	8.40